



Clinix Healthcare customizes workplace Health and Wellness programs

ABOUT CLINIX HEALTHCARE

We are a full-service, accredited healthcare management company. Our responsiveness, clinical and managed care skills simplify the most complex benefits administration.

APEX The Clinix APEX Clinical Portal simplifies clinical data exchange and management for your staff. With secure features like 24/7 Internet access, multiple user accounts, case review submission and real-time case information and reporting.



Independent Review
Organization:
External
Expires 01/01/2024



Health
Utilization
Management
Expires 12/01/2023

NEED TO SIMPLIFY YOUR HEALTHCARE MANAGEMENT?

Contact us at 800-840-6088 or
info@clinixhealthcare.com

WWW.CLINIXHEALTHCARE.COM

To manage healthcare costs, we partner with organizations and their employees to deliver disease prevention and management services

The Clinix Health Risk Assessment determines employees' current health status and lifestyle choices. An on-site Clinix Health Fair/Screening determines their biometric numbers to shape a path to wellness.

Choose Health and Wellness services that fit your needs and budget, a la carte or bundled. We also provide aggregate reporting.

Clinix screens for:

Total cholesterol
LDL (bad cholesterol)
HDL (good cholesterol)
Triglycerides
Glucose

Additional on-site screenings with immediate results include:

Blood pressure
Body Mass Index (BMI)
Body fat
Waist circumference

These tests can be completed on-site with follow-up results:

Prostate-specific antigen (PSA)
Cotinine, for exposure to tobacco

Clinix provides even more Health and Wellness programs:

Onsite health coaching
or via telephone or email
Smoking cessation
Café learning sessions
Challenges

Wellness incentives and
point tracking
App
Web application (coming soon)

VISIT WWW.CLINIXHEALTHCARE.COM for wellness resources