



Clinix Healthcare provides **Disease Management** as an integral part of our Case Management program

ABOUT CLINIX HEALTHCARE

We are a full-service, accredited healthcare management company. Our responsiveness, clinical and managed care skills simplify the most complex benefits administration.

APEX The Clinix APEX Clinical Portal simplifies clinical data exchange and management for your staff. With secure features like 24/7 Internet access, multiple user accounts, case review submission and real-time case information and reporting.



ACCREDITED
Health Utilization
Management
Expires 12/01/2026



ACCREDITED
Independent Review
Organization: External
Expires: 01/01/2027

NEED TO SIMPLIFY YOUR HEALTHCARE MANAGEMENT?

Contact us at 800-840-6088 or
info@clinixhealthcare.com

WWW.CLINIXHEALTHCARE.COM

Employees who are educated about how to mindfully manage their chronic conditions can gain improved health and lower healthcare costs.

Clinix helps with instruction about self-monitoring and having a positive attitude for self-care.

Our registered nurses and dietitians in the Clinix Disease Management program offer clinical expertise and coordinate patients' care and participation.

Our Disease Management services provide focused intervention for:

- Asthma
- Cardiac conditions
- Diabetes
- Maternity-related chronic conditions such as diabetes
- Chronic respiratory disease
- Weight Management
- Member-elect health issues such as hypertension, high cholesterol and smoking
- Various other chronic conditions

GET DISEASE MANAGEMENT REPORTS Clinix provides a monthly listing of participating members in our Wellness education programs. At predetermined intervals, we provide population-based functional and clinical status reports indicating their aggregate status.

Initial and final functional and clinical status comparison is made after members have completed the 18-month program.