



## Clinix Healthcare is your single source for **Population Management** services

### ABOUT CLINIX HEALTHCARE

We are a full-service, accredited healthcare management company. Our responsiveness, clinical and managed care skills simplify the most complex benefits administration.

**APEX** The Clinix APEX Clinical Portal simplifies clinical data exchange and management for your staff. With secure features like 24/7 Internet access, multiple user accounts, case review submission and real-time case information and reporting.



**ACCREDITED**  
Health Utilization  
Management  
Expires 12/01/2026



**ACCREDITED**  
Independent Review  
Organization: External  
Expires: 01/01/2027

### NEED TO SIMPLIFY YOUR HEALTHCARE MANAGEMENT?

Contact us at 800-840-6088 or [info@clinixhealthcare.com](mailto:info@clinixhealthcare.com)

Our program includes traditional Utilization Management pre-certification services along with Case Management clinical coordination and Disease Management focused education.

Simply partnering with one vendor for medical review and wellness services helps your members achieve cost-effective care and optimal health.

To minimize risks for chronic disease and catastrophic claims costs, Clinix delivers healthcare and self-care education to members who can benefit from it.

We provide Population Management through:

- Utilization Management, including pre-call, maternity high-risk screening, re-call and short-term discharge planning
- Short-term and catastrophic Case Management
- Disease Management, including asthma, cardiac, diabetes and maternity programs to educate and influence patients' self-care behavior
- A team of registered nurses, dietitians and physician consultants
- Coaches to help your members achieve wellness and access cost-effective healthcare and providers
- Nurse educators who make regular contact with members to deal with health issues before they become a crisis

VISIT [WWW.CLINIXHEALTHCARE.COM](http://WWW.CLINIXHEALTHCARE.COM) for health education, wellness and disease management resources

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